

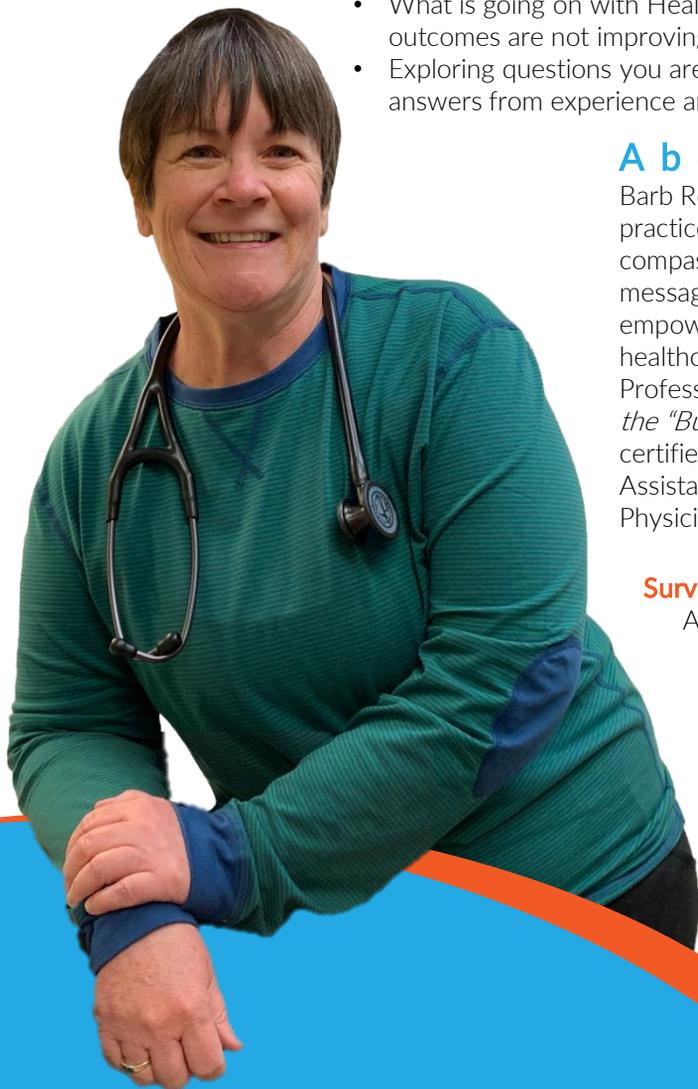
BARBARA G. REGIS PA-C, FAAPA, MPLC

Patient/Provider Advocate, Author, Speaker and Melanoma Survivor

Your Health, Your Business

Topics:

- Empowering you to make better and more informed healthcare decisions: From cradle to grave
- Understanding health insurance and using it to your advantage to save money and have better outcomes
- Starting your own healthcare practice – Opportunities, challenges and how to begin; Small/solo practices vs big hospital systems; Tips to save time, money and stress
- What Healthcare career is best for you? Why I love being a PA. Let's discuss burnout... it's real. How do we attract talented and motivated people into healthcare?
 - Surviving Cancer (metastatic melanoma) – A journey from PA to Patient. Motivational discussion about survivorship and what I have learned from this perspective.
 - What is going on with Healthcare? Why it's getting more expensive and why outcomes are not improving. Why providers are frustrated.
 - Exploring questions you are afraid to ask your healthcare provider. Straight up answers from experience and the heart!

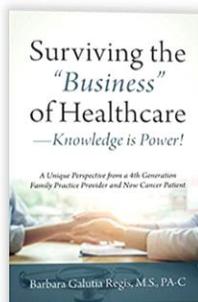


About Barb:

Barb Regis is a Physician Assistant and a fourth-generation family practice provider. As a melanoma cancer survivor, she brings a compassionate, witty and straightforward approach to her message. Barb believes in education and advocacy and empowers audiences to make better decisions with their healthcare. Along with being a PA, Barb is a certified Medical Professional Legal Consultant and author of the book *Surviving the "Business" of Healthcare, Knowledge is Power!* Barb is certified by the National Commission of Certification of Physician Assistants and is an active member of the American Academy of Physician Assistants.

Surviving the "Business" of Healthcare – Knowledge is Power!

A valuable tool to help patients navigate the healthcare system and experience better outcomes.



Book topics include how to:

- Choose a primary care provider
- Plan for catastrophic healthcare costs
- Comparison shop for medication
- Be an effective advocate for yourself and loved ones
- Address your health concerns

CONTACT BARB AT 480.213.7564
OR EMAIL Barb@AskthePA.com
TO DISCUSS HAVING HER SPEAK TO YOUR
GROUP, ORGANIZATION, OR COMPANY

www.AskthePA.com



@AskThePA



Ask the PA